

VTWG Adult Volunteers Staff Recommended Packing List

ABU/Blueberry

- Blouse (1)
- Pants (1)
- Black Boots (well broken in) (1)
- Black Socks (7)
- Belt (1)
- Sand No-Pocket Plain T-Shirts (7)

Note: All patches and tapes are required.

Corporate

- Polo shirt (1)
- Aviator Shirt (optional) (1)
- Black Shoes (1)
- Socks (7)
- Black/Blue Belt (1)
- White V-neck T-shirt (1)

Note: All ribbons and insignias (including epaulets) are required.

Physical Fitness Uniform

- Athletic Socks (5)
- Running Shoes (1)

Note: PT shirts and shorts will be provided on Day 0.

Sleepwear & Undergarments

- Pajamas (1-3)
- Underwear (7-9)
- Bras (if required) (AR)

Toiletries

- Bath Towel
- Washcloth
- Hand Sanitizer
- Toothbrush & Toothpaste
- Baby Wipes/Cleansing Cloths
- Bath Soap
- Deodorant
- Shampoo/Conditioner

Toiletries (cont'd)

- Comb/Brush
- Sunscreen
- Insect repellent
- Foot Powder
- Hair Brush/Comb
- **For females:**
 - Hair net, bobby pins, elastics
 - Feminine Hygiene
 - Gel/Hair Spray
- **For males:**
 - Razor
 - Shaving Cream/Shaving Soap

Non-Uniform Items

- CAP ID Card
- CAP Driver's License
- Pillow
- Canteen and Belt/Camelback
- Watch (No smart watches)
- Black Pens/Pencils
- Spiral Notebook
- Lint Roller
- Shoe Shine Kit
- Garment Bag
- Duffle Bag or Suitcase
- Poncho
- Moleskin (optional)
- Shower shoes
- Back Pack
- Computer
- Cellphone (optional)
- Camera
- Snacks+/Drinks
- Funny Formation Items (optional)
- Fan
- Laundry Soap (optional)
- Extra street clothes
- Medications (if required)

CONTRABAND

Perfume/Body Spray/Cologne
Fireworks/Matches*

Knives

Drugs/Alcohol*

Note: Items with * will not be returned.

Cadets must carry their own baggage from the registration area to their lodging (including stairs). Rolling bags and travel-size items are strongly recommended.

Cadets are required to keep track of their own gear. Camelbacks or Canteens/Belts are required so cadets can carry water hands-free. Each cadet's name should be on all of their belongings. High-value items are strongly discouraged. Vermont Wing is not responsible for items that are lost or stolen.

+Due to severe nut allergies, absolutely no snacks with nuts are allowed.